

1 Thessalonians 4:9-12

ICE BREAKER: Share how someone has showed you love recently. What did they do?

DISCUSSION

1. Paul tells us that "we are taught by God to love one another". We have the perfect example of love shown through Jesus. Do people look at you and say "he/she is a loving person"? Explain. How can you show love to someone this week

2. When it comes to living a life of love, David Jackman who was the former pastor at Above Bar Church said that "the watching world is not hugely impressed by emotional hype and extremism, but it is attracted by ordinary people, living ordinary lives, who demonstrate an extraordinary godliness, seen in love.' What are your thoughts on this statement? Explain

3. Paul tells us to mind our own business and live a quiet life. How can leading a quiet life and not partaking of gossip and other cultural/societal concerns demonstrate Christ love?

4. Having influence includes having a mindset of brotherly love, compassion for others, and a listening ear without judgement. We must focus on being dedicated and productive. However, the question is though, if people don't change, will you still love them anyway? Explain

BOTTOM LINE :

For us to love more especially to those who are on our "Love More" list we need to have less noise, less meddling in people's business and more influence on those in our lives

NEXT STEP

1. Who needs to be on your "love more" list?

2.God calls us to lead a quiet life and to mind our own business. One of the ways we can lead a quiet life and "love more" is by being less judgmental. This allows us to focus on our walk with God and keeps our testimony and heart pure.

Below are some examples of being judgmental. Which examples will you commit to working on?

- Critical of other people's choices
- Trying to know all the details
- Gossiping for more information
- Making ourselves feel better that our lives aren't as bad others
- Focus on the negative of a person and not their positive qualities