



Walk as Children of Light (Ephesians 5:8–14)

Icebreaker

Have you ever walked into something in the dark or had a “lights on” moment where you suddenly realized something obvious?

Discussion Questions

1. Walk in the Light (Identity)

Paul says you were once darkness, but now you are light in the Lord.

What are some ways you still tend to think or live like your old identity instead of your new one in Christ?

Leader Tip:

Gently guide people toward honesty without pressure. Model vulnerability if needed.

2. Walk in the Right (Obedience)

The fruit of the light is “goodness, righteousness, and truth.”

What is one area where you already know the right thing to do—but have been hesitant to act on it? What’s holding you back?

Leader Tip:

Help the group focus on *one step*, not overwhelming change.

3. Walk Toward the Light (Direction)

We are called to pursue what pleases the Lord and avoid the works of darkness.

Is there anything in your life right now that thrives in secrecy or pulls you away from God? What would it look like to bring that into the light?

Leader Tip:

Create a safe environment. No fixing, no judging—just listening and encouraging.

4. Walk Up and Shine Some Light (Influence)

We are called to wake up and let Christ shine through us.

Where has God placed you (home, work, community) to be a light—and what is one intentional step you can take this week to shine more clearly there?